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KIDNEY SUPPORT NETWORK  
PO BOX 6657  
MC, WEST MACKAY  
QLD 4741

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**KIDNEY**  
support • network

## *In Loving Memory Of*

*Colin Wright* (Redcliffe)

Sadly, we would like to inform you that one of our long-standing volunteers Mr. Colin Wright has passed away recently. Kidney Support Network (KSN) would like to send our thoughts and prayers to Colin's family and friends.

Colin has been an integral and much loved Redcliffe Support Group volunteer for a long time. During his service to KSN, Colin has provided so much valuable time and energy towards assisting KSN with our Transport Service and Fundraising Events and ultimately assisting those people with chronic kidney failure.

Colin will be truly missed in the Redcliffe district community and by us at KSN.

*Daphne Skinner*

(Mackay)

*Joan Agius*

(Mackay)

*Marjorie Threapton*

(Sunshine Coast)

*Frances Couper*

(Brisbane)

*Todd Rosenlund*

(Brisbane)



KSN Newsletter

*Supporting Kidney Patients for over 40 years*

# Reports From

## The President

### PRESIDENT'S REPORT

I am writing this as the acting President. My name is Trevor Waldron and I am the immediate past President. Our President Andy Bull resigned due to his commitment to his work and his family. We thank him for the work that he has undertaken on behalf of our organisation over the past few years and wish him well for the future.

As well as Andy's departure, Our Redcliffe Coordinator and her partner have resigned. Again we thank them for their efforts with the highly successful Redcliffe store and wish them well. Due to this the Redcliffe store was closed for a few weeks while replacements could be found. This has been done and the store is again operating.

Although it is constitutionally sound the Management Committee has fallen in number. This does not give us breadth of opinions and ideas. We have been looking to gain new members through a number of avenues and have had some success. However we are still hoping for more members. If you are interested and would like to discuss what is involved feel free to contact our Mackay office. We remain a financially strong organisation and are looking for more ways to support people with kidney disease so please consider joining the committee.

## The Operations Manager

We have a new range of stock available for purchase, KSN wrist bands and a KSN Bear

Item	Members	Non-Members	
KSN Wrist Bands	\$5.00	\$7.00	Postage included
KSN Bear (Brown)	\$25.00	\$30.00	<b>Plus, Postage</b>
KSN Bear (Red)	\$15.00	\$20.00	
PD Belts	\$14.00	\$23.00	Limited Stock Postage Included



## The Committee

### Volunteer Committee Members

**KSN management committee Inc is searching for interested people to join our committee that oversees the operation and delivery of services to people with chronic kidney disease. Members are drawn from centers across Qld.**

**Key Attributes:**

1. Ability to work with other volunteer committee members
2. An interest in service delivery across multiple areas.
3. Board, committee, or governance experience
4. Previous experience in business or health or legal or Not for Profit Organisations (not essential)
5. Monthly Meetings (usually virtual)

If you think you could be this person, please phone Liza Williams (Secretary) on 0428 877 028 or email [secretary@ksn.org.au](mailto:secretary@ksn.org.au) for further information.

**KSN also provides a NON – URGENT PATIENT TRANSPORT SERVICE to Renal Clients in both Mackay and Sunshine Coast Regions**

**Affordable rates from home to Hospital / Renal Unit in Mackay /Sunshine Coast**

**QLD Approved Community Transport**

**HELP SPONSOR OR DONATE TODAY - EMAIL [information@ksn.org.au](mailto:information@ksn.org.au)**

## Current KSN Management Committee

Acting President: Trevor Waldron



Treasurer: Geoff Gargett

Geoff joined the Management committee in 2019, becoming the Treasurer at the last Annual General Meeting.

After 35 years as a school principal, Geoff joined KSN as a volunteer driver in 2014.

Something that he continues to do in the Mackay area. On a more personal note, some years ago Geoff's son David, as a 2-year-old, had renal reflux that fortunately corrective surgery addressed in time.

It is Geoff's hope that KSN will continue to grow & provide a range of services for renal patients and their families when they need help.



Secretary: Liza Williams

Liza Williams has been volunteering with KSN for 12 years now and has been employed with KSN for 10 years as the Operations Manager.

Liza recently celebrated her 13<sup>th</sup> Anniversary for a Kidney Transplant which was kindly donated by her mother who is still going strong. It is Liza's vision to help support as many Kidney families as possible as it can be a hard journey without support.



Member: Jenny Scott

Jenny has a passion for helping people and has worked in Aged Care and Dementia for many years as a Diversional Therapist and Assistant in Personal Care.

Jenny has enjoyed being a support group volunteer for KSN for 9 years. Within this time, she has assisted with a variety of fundraising events and has visited dialysis patients at 2 different Renal Units in Mackay for conversation, support and relaxation hand massages when required. She has been an advisory committee member since November 2018.

Jenny's connection with the Kidney Support Network is very personal. In early 2011, she selflessly donated her kidney to her daughter Sam. Next year, it will be their 10- year transplant 'KidneyVersary'. Both are keeping very well.

Jenny and Sam are always keen to share their experiences with other KSN renal patients to help them in their transplant journey and their family and friends have also learned a lot about organ transplantation and donation along the way.



## KSN's 40<sup>th</sup> Anniversary

### Mackay

#### KSN Mackay 40<sup>th</sup> Anniversary Charity Golf Day

On Saturday the 28<sup>th</sup> of August our Mackay Branch held our first ever Charity Golf Day, and what a success it was!



We held it at the Sarina Golf course and had over 30 teams that attended. The support that we received from our local businesses and community was just so well received.

The morning started with breaky burgers and registration, then we auctioned off the golf carts and tee off began at 9 am

We had a total of 9 holes sponsored by local businesses which included North Jacklin Nissan set up on the 16<sup>th</sup> hole for their hole-in-one chance to win a car! Unfortunately, no one was lucky enough to win it.



The Day was a massive success, and we would like to send a massive thank you to the following.

- All the teams that entered
- Our sponsors.
  - Bushman's Bakery
  - Magpies Sporting Club
  - Torque Orthodontics
  - Bendigo Bank Sarina
  - TranTech
  - Sarina Discount Chemist
  - MI Scaffolding
  - Your OCD Mechanics
  - North Jacklin Nissan Mackay
  - Wilmar Sugar
  - Belcon Engineering
  - SMW Group
  - Harris Pest Control
- Sarina Golf Club, Kylie, Lisa and their wonderful volunteer's you guys were amazing And our wonderful KSN Members Jenny, Sam, Ian and Liza



**Sunshine Coast**

**Sunshine Coast 40<sup>th</sup> Anniversary – August 2021**

**Trivia Night  
Kawana Surf Club  
13<sup>th</sup> August 2021**

The turnout was amazing, we had approximately 60 attend the night. Everyone participated in all the events that



Thank you to the all the volunteers that attended as well. A special thank you to Kawana Surf Club, the service was amazing and so friendly and helpful. The finger food was just delicious and very affordable.



were put on. Also, the theme night was 60's to 80's and most dressed for the occasion

and some outfits were hilarious and well thought of. We had KFC Colonel, Cher and many were dressed as Hippies. It was such a success that many are wanting to help with



our next Trivia Night.

Due to the Covid 19 there were a few restrictions which would have been good if we could dance.

A very big thank you to the following who organized this event:-

- Angela Nickelson, Suzi Crank, Deb Bridges, Jane Woodward and
- Ross Gale



**WHY ALTRUISTIC DONOR GORDON RUTTY IS TAKING ON THE CHALLENGE TO WALK 900KS FROM THE GOLD COAST TO SYDNEY...**



**WALK to end the wait**  
Supporting donated kidneys & organ donation  
JUNE 18 TO JULY 2, 2021

I can't quite remember when I started thinking about donating my kidney; it was probably some 25 years ago. From when I first became aware of the possibility, I remember thinking, 'wow, wouldn't that be an awesome thing to do'. I have always been a healthy person and believed that I could do it. I lost a close friend to a brain tumour nearly 20 years ago and I promised myself I would do something in honour of him. Well, time passed by and life got in the way and I did nothing. Then ten years ago I lost another close friend, this time to cancer, and I said to myself that I had to stop wasting time. There was nothing I could have done for Joshua's brain tumour or Craig's cancer, but I could give someone a better life or even save their life with the gift of my kidney. I would do this in honour of my friends.

It took some time to find the most compatible recipient and when the time came I was very excited. I was admitted to hospital on the Tuesday, I awoke in the early hours of Wednesday morning thinking to myself this is the most rewarding day of my life. The transplant was a success, the recipient's body accepted my kidney and I was told that they were doing really well.

It was through this journey, that I came to realise how many people are on a waiting list for a lifesaving organ transplant, not just how many, but the time they have to wait, living not so great a quality of life.

The saddest part is that two people die every week waiting. It has become my burning desire to see the waiting end. The aim of Walk To End The Wait, is to increase the awareness of the need for Australians who have a desire to donate their organs, to

have a conversation with their families, and register themselves. Only one in three Australians are registered donors despite the majority (69 per cent of Australians) believe that registering is important. There are around 1,650 Australians currently waitlisted for a transplant and more than 12,000 additional people on dialysis — many waiting for a kidney transplant.

**Now more than ever, we need more Australians to say "yes" to organ donation.' Please support my walk. It starts in June. I might even see you out there!**



**To support Gordon and raise funds for Transplant Australia visit [transplant.org.au](http://transplant.org.au)**

**About transplant australia**



**Our Vision**  
Committed to promoting organ donation and improving the quality of life of all Australians on their transplant journey.

**The Challenge**  
Across Australia more than 1,600 people are waiting for a life-saving transplant. Their future depends upon someone also giving the gift of life. Australia's rate of organ donation has improved remarkably over the past 10 years — but still there is more to be done. We need to encourage all Australians to register as donors and tell their families of their decision. Registering is the clearest commitment you can make to saving others.

**How Transplant Australia helps**  
Transplant Australia is the national community voice for promoting organ donation and supporting Australians through their transplant journey. Maximising the number of Australians registered as organ donors is the most direct way that Transplant Australia, a non-government charity, can help increase access to transplantation for Australians needing a life-saving transplant. Equally, we lobby governments for improvements to organ donation so it is accepted as a natural part of end-of-life care. We need to ensure any Australian who wants to donate is afforded that opportunity and that means making sure donation is a fundamental part of our health care system.

We also help transplant recipients transition back into a full and active life. Whether it is through our Living with a Transplant program, advice at the end of the phone line or support from other recipients, our goal is to support people when they need it most. Placing a transplant is an important treatment option in an ongoing journey. We are here to help with advice and support leading up to a transplant, on leaving hospital, living with a transplant and adjusting back to life. We celebrate the gift of life and thank donors through staging events including the Australian Transplant Games and sending a team to the World Transplant Games. While all of this is occurring at a national level, our states and special interest groups are fulfilling a very important need at the grassroots. Activities to bring recipients and their families together so they can share their experiences, seek advice and socialise are crucial to helping recipients understand they are not alone. In fact they are part of a family celebrating and making the most of life.

**Our Programs**  
Transplant Australia undertakes a range of programs to fulfil its mission:  
✓ Stages the Australian Transplant Games every two years and manages the Australian team participating in the World Transplant Games

- ✓ Provides valuable information and education to our community through our Living with a Transplant and Transplant Active Programs. We coordinate important advice for recipients on health issues such as the Coronavirus Pandemic
- ✓ Works with the Organ & Tissue Authority, DonateLife and other great causes like Saffron Day and Jersey Day to promote donation to the public
- ✓ Works closely with living donors to provide support and recognition for their generous gift
- ✓ Celebrates the generous donations made by donors and their families
- ✓ Actively speaks to the media on organ and tissue donation and transplantation issues and lobbies government to improve donation

**How you can help**

- ✓ Register as a donor at [donatelife.gov.au](http://donatelife.gov.au)
- ✓ Inform your family and friends of your decision
- ✓ Support Transplant Australia so we can help recipients along their transplant journey and get back to life



**Transplant Australia Ltd**  
National Office  
p. (02) 9022 5400  
t. 1800 827 757  
e. [contactus@transplant.org.au](mailto:contactus@transplant.org.au)  
w. [www.transplant.org.au](http://www.transplant.org.au)

## From the Kidney Kids

Dear Kidney Support Network

We would like to thank you for the generous gift of Visa giftcards that we received at Xmas. We finally decided to use it to buy Caitlin (aged 10 years – end stage renal failure) a beanbag so that she can drag herself off to relax and rest whenever she feels she needs a break.

I have attached a photo of her in it – she absolutely loves the beanbag!! She has her transplant booked for July 20<sup>th</sup> and the beanbag will be wonderful to have for her recuperation.

We are extremely grateful and hope you can pass our heartfelt thanks onto to everyone at KSN!

Kindest regards

Carolyn, Jarad, Caitlin and Isabelle Evans



## COMMUNITY CHEST FOR KSN MEMBERS

### HELP WITH YOUR TREATMENT TRAVEL EXPENSES

KSN has set aside a small pool of funding to enable us to now offer all current members (as of 1 October 2020) financial assistance towards their accommodation costs and 'out of pocket expenses' when travelling in excess of 25 kilometers to obtain medical treatment for any renal condition.

KSN will now -

- Pay a maximum \$100 per night towards your hotel accommodation expenses for a maximum of four nights per annum whether or not the four nights are taken consecutively.
- OR
- Pay a maximum of \$30 per day for a maximum of four days towards 'out of pocket' expenses during your stay if you did not incur accommodation expenses.

To be eligible for assistance with accommodation expenses, KSN members must provide us with –

- a written request for financial assistance (preferably by email at least two weeks prior to the commencement of the travel – or three weeks prior to travel if notifying us by post)
- a copy of your specialist appointment.



If financial assistance for accommodation is approved, you must subsequently provide us with a copy of the receipt for your hotel accommodation.

Or, if the financial assistance is just for your out-of-pocket expenses during any overnight stay, you must subsequently provide us with evidence of the length of the stay.

If you need any further assistance or have any other query regarding this funding, please don't hesitate to contact Liza Williams, KSN Operations Manager on:

Mobile: 0428 877 028

or Email: [operationsmanager@ksn.org.au](mailto:operationsmanager@ksn.org.au) or

Postal:

PO Box 6657 West Mackay 4740



## Transplant Australia and Free Membership

The road to recovery following life-saving organ transplantation can be long and complex. Transplant Australia, as the national charity for organ donation and transplantation, is dedicated to helping recipients along that journey. In our mission to help more recipients, the Board of Transplant Australia is introducing free national membership to ensure all transplant recipients have access to our education, support, and information. Transplant Australia Medical Director, Professor Richard Allen, said free membership will ensure there were no barriers to recipients accessing our 'Living with a Transplant' education program.

"We are very proud of these resources that we designed for the recipients – everything from going home and the first few days through to education on diet, medications, physical activity and mental wellbeing," Professor Allen said. They will complement the ongoing medical care provided by their transplant clinicians and nurses.

"We are also working with the transplant professionals at Westmead Hospital to convert this education into easily digestible videos. There are more than 1,700 people receiving a transplant in Australia every year and this is a much-needed resource." The series of videos are being produced by Digital Story Tellers with the support of Astellas, Australia.

Previously Transplant Australia offered free membership only to organ donor families, living donors and health care professionals. This is now extended to anyone wanting to join Transplant Australia and become part of a growing charity promoting donation and supporting recipients. It will be particularly attractive for those recipients living in rural and regional areas where access to our State committee programs is limited.

Transplant Australia CEO, Chris Thomas, said Transplant Australia also encouraged members to sign up to their relevant state committee to receive local newsletters, event invitations and to represent their team at the Australian Transplant Games or World Transplant Games.

"The State Committees are run by volunteers so there is the option of adding a State contribution fee of \$60 for two years that will help the states and their volunteer programs. That fee allows members to be eligible to represent their state or Australia in transplant games and to opt-in to attend state activities or events," Mr Thomas said.

The free membership is available for new and existing members although Transplant Australia believes existing members will want to continue to be part of their state committee.

Importantly, membership helps Transplant Australia:

- Promote organ and tissue donation to the Australian public
- Strengthen its voice to governments at both state and federal levels where we need to ensure that transplantation remains a high priority for our health care systems
- Celebrate the 'gift of life' through programs such as the Australian Transplant Games, DonateLife Week, and other activities at both national and local levels
- Thank donors, both living and deceased, and their families for the ultimate gift

But most importantly it gives recipients access to a wide support network of people who have gone through similar experiences. Transplant Australia is only just a phone call away on 1800 827-757.

Mr Thomas said Transplant Australia's mission was to ensure organ donation was accepted by all Australians and that all transplant recipients receive help and guidance on their transplant journey.

More information about Transplant Australia is available at [www.transplant.org.au](http://www.transplant.org.au)

Regards

Matty Hempstalk  
National Membership Manager and Sports Administrator  
Transplant Australia Ltd  
M: 0404 177 748  
[www.transplant.org.au](http://www.transplant.org.au)

**transplant**  
australia  
make the most of life.



## A Healthy Side Dish

### Stuffed Zucchini

Serves: 4

#### Ingredients

- 2 medium zucchini
- 1 tbsp cooking oil
- 1/2 small onion, minced
- 1 egg, lightly beaten
- 1/4 cup dry bread crumbs
- 1/4 cup grated Parmesan cheese
- 1 tbsp finely chopped parsley
- pepper to taste



#### Method

- Preheat oven to 180°C
- Cut zucchini in half lengthwise
- Scoop out and save pulp, leaving a shell
- Par boil shells for 2 minutes. Remove and drain
- Chop zucchini pulp
- In frypan, heat oil over medium-high heat. Sauté onion and chopped zucchini until tender
- Remove from heat and combine remaining ingredients
- Fill shells
- Place in greased baking dish
- Bake for 15–20 minutes or until heated through.

#### Serving suggestion

Use as a vegetable alternative.

#### Nutritional profile per serve

Energy	472kJ
Protein	5g
Fat	8g
Carbohydrate	5g
Sodium	135mg
Potassium	120mg
Phosphate	89mg

## A Main Meal

### Asian Steamed Fish

Serves: 4

#### Ingredients

- 4 medium fillets deep sea fish e.g. Bream, Perch, Dory (approximately 150g per fillet)
- 1/2 red capsicum, thinly sliced
- 1/2 green capsicum, thinly sliced
- 1/2 bunch spring onions, finely sliced
- 1 medium carrot
- 1 stick celery, finely sliced
- 1 clove crushed garlic
- 1 tsp grated ginger
- sprigs fresh coriander
- 3 tbsp soy sauce
- 3 tbsp sweet chilli sauce
- 3 tbsp lemon juice



#### Method

- Cover base of steamer with foil and place fish on top
- Spread garlic, ginger and coriander over fish
- Cut carrot, red and green capsicum into julienne strips
- Place all vegetables over top of fish
- Combine soy sauce, sweet chilli sauce and lemon juice; pour over fish and vegetables
- Steam until fish is cooked.

#### Serving suggestion

Serve with steamed rice.

#### Nutritional profile per serve

Energy	792kJ
Protein	32g
Fat	4g
Carbohydrate	5g
Sodium	896mg
Potassium	719mg
Phosphate	402mg

## Are you registered as an organ donor?



Australian Government  
Organ and Tissue Authority



Register  
to be an  
organ and  
tissue  
donor

### How do I register on the Australian Organ Donor Register?

You can:

- + fill in the online form at
- + use your Medicare online account through myGov
- + use the Express Plus Medicare mobile app
- + call **1800 777 203\***
- + fill in the linked **form** and mail it, or
- + scan the below QR code.



### For more information

Online [donatelife.gov.au](http://donatelife.gov.au) or  
[humanservices.gov.au/organdonor](http://humanservices.gov.au/organdonor)

Email [aodr@humanservices.gov.au](mailto:aodr@humanservices.gov.au)

Call **1800 777 203\***

TTY **1800 810 586\*** (hearing and speech impaired)

TIS **131 450\*\*** (Translating and Interpreting Service)

\* Call charges apply from pay and mobile phones only

\*\* Call charges apply



### Who is DonateLife?

Led by the Organ and Tissue Authority, DonateLife is the network of DonateLife Agencies (one in every state and territory), State and Territory Medical Directors and hospital-based medical and nursing specialists in organ and tissue donation. Together we deliver the Australian Government's national program to improve organ and tissue donation and transplantation outcomes in Australia.

To contact DonateLife in your state or territory please visit [donatelife.gov.au/about-us/donatelife-network](http://donatelife.gov.au/about-us/donatelife-network)

## Myth

### Myth

I'm not healthy enough to donate because of my lifestyle choices.



### Fact

People who smoke, drink or have an unhealthy diet can still donate. You don't have to be in perfect health to save lives.

### Myth

If I am a registered donor, the doctor won't try as hard to save my life.



### Fact

The doctor's first priority is always to save your life.

### Myth

I'm too old to be an organ and tissue donor.



### Fact

Age is not a barrier – people over 80 have become organ and tissue donors.

### Myth

Organ and tissue donation is against my religion.



### Fact

All major religions support organ and tissue donation as an act of compassion and generosity.

### Myth

It's my choice – I don't need to discuss it with my family.



### Fact

Your family needs to know. They will be asked to consent to you becoming a donor in the hospital.

### Myth

Organ and tissue donation will disfigure my body.



### Fact

Organ donation is treated like any other operation in a hospital with a highly skilled surgical team. The donor is treated with the greatest care and respect.

## Grants and Donations

KSN would like to acknowledge the following for their generous donations:

Gambling Grant

Stronger Communities Program

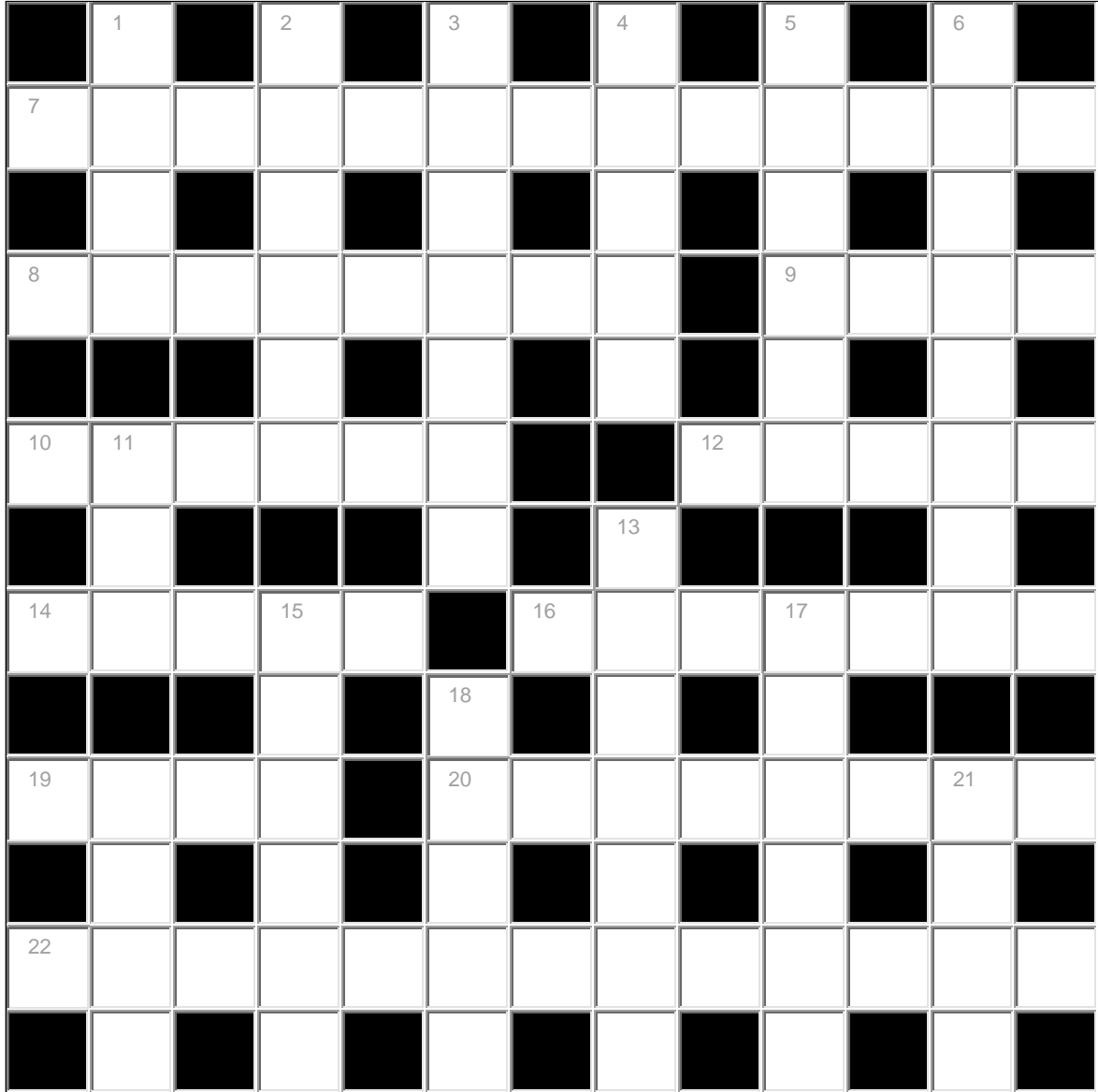
## Congratulations

KSN would like to acknowledge the following volunteers for their hard work and efforts year after year. Thank you for all for your motivation and encouragement given throughout the years. May you continue to inspire us for many years to come!

Name	Years' Service	Name	Years' Service
Elizabeth Williams	11	Denis Phillips	10
Jennifer Ann Scott	10	Samantha Lee Scott	10
Michael (Mick) Dawson	9	Trevor Waldron	9
Ray Bowers	6		

## Puzzle Corner

### Cross Word - EASY



#### ACROSS

- 7 Official permission (13)  
 8 Country in NE Africa (8)  
 9 Weapons (4)  
 10 Swept (7)  
 12 Take the place of (5)  
 14 Ice home (5)
- 16 Apes (7)  
 19 Metal fastner (4)  
 20 Eastern (8)  
 22 Theory or philosophy of law (13)

#### DOWN

- 1 Has to (4)  
 2 Leads a discussion (6)  
 3 Stumbled (7)  
 4 \_\_\_\_\_ Newton: English physicist (5)  
 5 Sprats (anagram) (6)  
 6 Previously (8)
- 11 Legitimate (8)  
 13 Harmful (7)  
 15 Make a priest (6)  
 17 Shelter for a dog (6)  
 18 Army unit (5)  
 21 Curved shape (4)

## Numbers Game

Example

Numbers	Solution
25	$10 \times 6 = 60$
50	$+ 50 = 110$
2	$+ 2 = 112$
10	
10	
6	
Target	<b>112</b>

Numbers	
25	
5	
9	
2	
8	
1	
Target	<b>698</b>

Solution
- =
- = 4
- =
X X =
- = 698

## Find a word

N	O	M	M	A	G	K	C	A	B
C	D	G	L	R	S	T	A	A	S
H	L	U	G	Z	S	L	R	Q	T
L	T	W	A	X	A	K	B	U	L
O	L	R	G	L	E	U	O	Y	G
R	Q	H	H	D	D	B	N	Y	P
O	T	E	Y	A	O	M	I	D	C
F	U	G	E	U	Z	S	Z	C	T
L	O	Q	I	T	O	R	E	Z	E
U	H	E	T	A	D	O	R	N	S
O	F	C	Y	A	N	T	C	R	S
R	X	A	T	W	E	T	H	H	A
O	R	D	B	G	N	F	A	X	H
C	D	E	D	D	E	M	G	N	V
A	C	C	I	D	E	N	T	W	D
R	C	A	O	J	R	T	P	H	O
B	M	F	M	X	W	N	W	H	Q
O	S	E	D	G	O	I	T	F	F
N	H	N	H	F	F	A	D	T	R
S	Z	K	O	O	B	E	T	O	N
Z	U	L	U	S	M	B	O	R	W

Words

- 1 CHLOROFLUOROCARBONS
- 2 AND
- 3 ADORNS
- 4 DECAF
- 5 BACKGAMMON
- 6 ACCIDENT
- 7 YET
- 8 WIDOW
- 9 BUDA
- 10 NEE
- 11 BATH
- 12 CYAN
- 13 CARBONIZER
- 14 GIANT
- 15 ZULUS
- 16 BARKED
- 17 ASSET
- 18 DUAL
- 19 OXO
- 20 NOTEBOOK

## Word Scramble

See if you can unscramble this 9-letter word

B	O	S
M	B	Z
U	Z	B

## Contacts List

<b>Head Office</b>		<b>Shop 1, 235 Shakespeare St, Mackay 4740</b>	
Phone:	1800 358 797	Mobile:	0477 169 148
Postal:	PO Box 6657, Mackay MC 4740	<b>North Mackay Op Shop</b>	
E-Mail:	information@ksn.org.au	<b>Shop 2, 45 Evans Ave, North Mackay 4740</b>	
Website:	www.ksn.org.au	Mobile:	0448 012 475
Ops Manager:	Liza Williams	<b>Sarina Op Shop</b>	
E-Mail:	operationsmanager@ksn.org.au	<b>31 Broad St, Sarina, 4737</b>	
Mobile:	0428 877 028	Phone:	(07) 4837 126
<b>Support Groups</b>		<b>Marian Op Shop</b>	
Mackay:	Marg & John Matthews	<b>Shop 3, 20 Daly St Marian 4753</b>	
Mobile:	0417 712 380	Mobile:	0438 268 419
Rockhampton:	Katrina Duff	<b>Currimundi Op Shop</b>	
Phone:	(07) 4920 7928	<b>Shop 1, 1 Gannawarra St, Currimundi 4551</b>	
Gladstone:	Pat Howard	Branch Coordinator:	Angie Stewart
Phone:	(07) 4979 1752	Phone:	(07) 5370 2084
Sunshine Coast:	Angela Stewart	Mobile:	0410 755 476
Mobile:	0410 755 476	Emergency Mobile:	0410 749 074
<b>Mackay Office</b>		<b>Northern Brisbane – Redcliffe Op Shop</b>	
<b>Shop 5, 237 Shakespeare St, Mackay 4740</b>		<b>124 Sutton St, Redcliffe QLD 4020</b>	
Phone:	(07) 4837 1239	Branch Coordinator:	Sarah O'Neil
Branch Coordinator:	Rebekka Murray	Mobile:	0480 382 008
Mobile:	0423 964 397	Op Shop:	
Admin Coordinator:	Naomi Trusz	Phone:	07 3067 7221
Phone:	(07)4837 1239		
KSN Transport Coordinator:	Steven Venz		
Mackay Mobile:	0428 791 747		
Sunshine Coast Mobile:	0480 244 730		
<b>Mackay Op Shop</b>			

## Credit Card Authorization

I authorize the use of my credit card described below for the purpose of a Donation towards the support Kidney Support Network Inc

I understand that the amount charged to my credit card will be reflected on my credit card statement within seven days. The amount charged is based on services requested by me.

My Credit Card details are as under

Credit Card Type:  Mastercard  VISA Name of Card Holder: \_\_\_\_\_

Credit Card Number: \_\_\_\_\_

Expiration Date: (MM/YY) \_\_\_\_\_ Security Number: \_\_\_\_\_

This Authorization Letter is valid from: \_\_\_\_\_

### OTHER PAYMENT OPTION

#### Direct Deposit

Please use your **"Your Name-** as reference – **Donation**

**Bank Name:** Bendigo Bank **BSB:** 633 000 **Acct:** 162 879 597  
**Reference** **Your Name - Donation**

- Cheque Payable to Kidney Support Network INC.  
 Credit Card Please Complete the Credit Card Authorization Form